



**AFTER SEDATION INSTRUCTION**

1. Do not drive or operate hazardous equipment for 24 hrs after sedation
2. A responsible person should remain with the patient until they are fully recovered from the effects of sedation.
3. Patients must not go up or down stairs unescorted for 24 hrs.
4. No unattended bath or shower for 24 hrs.
5. Do not give food until the patient is fully awake and can speak and breath well. Being cold is normal, use blankets as needed.
6. Drink plenty of fluids, 1.5-2 liters per day in the first 3 to 4 days.
7. Always hold patients arm when walking. Alert and sleepy patients need to be treated in the same manner.
8. If the patient experiences severe nausea or vomiting, please call our office for anti-nausea medication.
9. No alcohol for 24 hrs.
10. Call If you have any questions or concerns. If you feel that your symptoms warrant a physician and you are unable to reach us go to the nearest emergency room immediately.

**RELEASE**

I \_\_\_\_\_ am escorting \_\_\_\_\_ home. I understand the patient has been sedated. I have received a copy of post-operative instructions for the sedated patient. I agree to follow the instruction, I have had an opportunity to ask any questions I may have.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

